

Missouri Post-Critical Incident Seminar (MO-PCIS)

FIRST RESPONDERS:

If you have experienced a critical incident, it may have affected you without you even noticing. The Missouri Post-Critical Incident Seminar provides first responders with valuable training that addresses how trauma affects the human psyche and changes your world view. You will meet other first responder personnel who have responded to critical incidents and learn about stress symptoms and develop coping skills.

WHAT IS A CRITICAL INCIDENT?

- Officer-involved shootings
- Pursuits involving serious injuries or death
- Child fatalities
- Multiple casualty events (air, land, or marine)
- Natural disaster response
- Any event posing a threat of serious injury or death to the officer
- Witnessing a fatality occur
- Suicide response
- Incidents of public and/or media scrutiny
- Line of duty deaths
- Unsuccessful rescue attempts
- Or any other duty-related traumatic event

When first responders are exposed to traumatic incidents, they may experience intrusive memories, nightmares, relationship difficulties, or alcohol and/or substance abuse. Some struggle in their relationships to the point of domestic violence or divorce; others may isolate themselves or avoid specific situations or places. How you deal with a critical incident will influence how you will handle future stressful events.

If any of this sounds familiar, you and your spouse/significant other should consider attending this three-day seminar. (There will be opportunities for spouses/significant others to network and discuss living in a law enforcement culture.)

There is no cost to attend this seminar, but space is limited. (Lodging and meals are included.)

REGISTER AT: <https://forms.office.com/g/LNvxVNfWuU>

To protect your privacy, the exact location and itinerary of the seminar will be provided upon registration.

QUESTIONS? Contact Audrey Yates (MO State Hwy Patrol) at **417-895-6868, 3451**
or email: audrey.yates@mshp.dps.mo.gov